



Rudgwick Primary School Pupil Restraint Policy

Inspire - Believe - Achieve



Our Mission:

At Rudgwick Primary School, our mission is to provide a happy, fun, safe place, where kindness shines through and where:

- Excellent teaching and a wide range of experiences **inspires** a love for learning and a curious mind;
- Everyone is valued and respected and feel that they belong;
- Individual strengths and talents are nurtured and celebrated and children **believe** in themselves and, through strong friendships, each other;
- A growth mind set is encouraged, mistakes are seen as learning opportunities and confident, resilient learners grow;
- Children are successful learners who, through both independence and collaboration, can make progress and **achieve** to their full potential.

Review by: Head Teacher
Date for review: June 2026

Approve by: Full Governing Body
Frequency of review: 3 years

Ideally the skill of the teacher or teaching support assistants should be used to anticipate the incident occurring and to redirect the child's behaviour. See the behavioural policy. Only in exceptional circumstances should force be used to control or restrain pupils. These circumstances are defined as:

- Where the immediate safety of the child or other persons are in danger
- Where a judgment is made that to defuse a situation reasonable force needs to be used.
- Causing damage to property.
- Engaging in any behaviour prejudicial to maintaining good order and discipline at the school or among any of its pupils, whether that behaviour occurs in a classroom during teaching sessions or elsewhere.

The designated safeguarding lead will authorise staff to use reasonable force where necessary in the case of an emergency or unplanned intervention in line with 1. Only those that have received Positive Physical Handling training should use reasonable force, unless they are not available and such action is required.

Should physical restraint need to be used repeatedly this will be done in consultation with carers/ SENco and the designated safeguarding lead. (This is referred to as planned interventions, whereby an individualised plan may be created for a particular child).

Other than in an absolute emergency the adult must not intervene if they feel there is a risk of injury to themselves, and assistance should be sent for.

The application of force – Physical intervention can take several forms:

- Physically interposing between two pupils.
- Blocking a pupil's path.
- Holding
- Pushing
- Pulling
- Leading a pupil by the hand or arm
- Shepherding a pupil away by placing a hand on the centre of their back
- Only in exceptional cases are more restrictive holds be used. Any force should be minimal and that needed to achieve a desired outcome.

Anytime reasonable force is used it needs to be logged in the bound and numbered book kept in the Head Teacher's office.

Parents must be informed if an incident is logged.

